

A-Level Physical Education

AQA 7582

Aim

This qualification allows students to gain dynamic theoretical and practical skills for further education or work. Over the course, students will gain a deeper understanding around factors that affect participation and performance, as well as learn how to analyse and critique sporting performances.

Content

Paper 1 and Paper two content are taught alongside each other over the two year course. Paper 1 content analyses factors affecting participation in physical activity and sport. Paper 2 content analyses factors affecting optimal performance in physical activity and sport. There will be one practical lesson a week, where analyse and performance data is gathered and analysed in the classroom. This is to provide assessment in one activity as either a performer or a coach, where a written/verbal analysis of performance is needed.

Why

Sport unites people and is a tool used to support everyone's health and well-being. Being able to support both your own and others participation and performance, opens up so many doors. This is probably why Sport is one of the most exciting and engaging subjects there is. If you enjoy learning through a practical environment, as well as the theory about how the mind and body work, then this is a great KS5 option!

Assessment

This qualification is linear – meaning all examinations will take place at the end of the course. Both written exam papers are 2 hours long.

Paper 1 – 35%

Paper 2 – 35%

NEA – Practical Performance – one sport 30%

Teacher: Mr Posner